**SKILL:**

**LEARNER NAME: DATE: / /**

*\*\*Learner expected to introduce him/herself and ask for consent at all times*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **PERFORMANCE** | **Possible Points** | **Points Obtained** | **Competent** | **Omitted** |
|  | **Pulse Measurement** |  |  |  |  |
| 1 | Correctly locates artery (radial or carotid) |  |  |  |  |
| 2 | Palpates pulse with fingertips, not thumb |  |  |  |  |
| 3 | Times pulse for 30 or 60 seconds |  |  |  |  |
| 4 | Reports pulse : rate, rhythm and strength |  |  |  |  |
| 5 | Assessment is accurate (examiner checks) |  |  |  |  |
|  | **Measurement of Respirations** |  |  |  |  |
| 1 | Watches patient’s chest rise |  |  |  |  |
| 2 | Times respirations for 30 or 60 seconds |  |  |  |  |
| 3 | Reports : rate, depth and rhythm |  |  |  |  |
| 4 | Assessment is accurate (examiner checks) |  |  |  |  |
|  | **Measurement of Blood Pressure** |  |  |  |  |
| 1 | Explains procedure to patient |  |  |  |  |
| 2 | Wraps cuff snugly around patient’s upper arm |  |  |  |  |
| 3 | Locates radial/brachial pulse and inflates cuff to just above point where the pulse is no longer palpable |  |  |  |  |
| 4 | Places stethoscope diaphragm over brachial artery |  |  |  |  |
| 5 | Deflates cuff slowly (2 - 3 mmHg/sec) constantly observing the gauge |  |  |  |  |
| 6 | Reports accurate reading (examiner checks) |  |  |  |  |
|  | **AVPU** |  |  |  |  |
| 1 | Determines patients level of consciousness |  |  |  |  |
|  |  |  |  |  |  |

References:

* HPCSA

**Overall assessment of learner’s performance:**

**NOT YET COMPETENT**

**COMPETENT**

Assessor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Comments\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_